

OPERATING PROCEDURE

HYPERTENSION

Effective Date: Revised: November 1, 1986 July 1, 2000

Approved By:

Approved By Operational Medical Director:

That Frake

BLS

- 1. Perform initial patient assessment and note:
 - ✓ Patient's signs/symptoms including
 - ✓ Headache
 - ✓ Nosebleed
 - ✓ blurred vision
 - ✓ slurred speech
 - ✓ altered metal status.
 - ✓ History of CVA and/or TIA
 - ✓ History of cardiac illness
 - ✓ Pregnancy
 - ✓ Current medications
- 2. Establish and maintain patent airway, administer OXYGEN, and provide ventilatory assistance as required. Use airway adjuncts as needed.

ALS ONLY

- 3. Connect patient to cardiac monitor and document rhythm strip. Treat life-threatening dysrhythmias according to appropriate protocol
- 4. Establish an IV of 0.9% Sodium Chloride. Do not delay transport to establish IV access.

MEDICAL CONTROL ONLY

- 5. If patient is symptomatic, administer NITROGLYCERIN:
 - □ Adult: 1 tablet of 1/150 gr (0.4 mg) sublingually every 5 minutes, not to exceed three (3) dosages.
- 6. Other interventions as ordered by On-Line Medical Control